



Risk Management for Health/Fitness Professionals Legal Issues and Strategies

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Laws and legal issues in the health and fitness arena become clear with this well-organized text. You will learn invaluable risk management strategies to promote safe programs and environments. Many legal concerns are addressed related to pre-activity screening, emergency procedures, instruction/supervision, and exercise equipment issues.

Features to help you ensure a safe practice:

- Real-life health/fitness case law examples provide practical and useful illustrations of negligence to help you understand and minimize your legal liability.
- Useful sample forms such as waivers, informed consents, and incident reports to adapt to your work.
- "Put into Practice" checklists to reinforce learning and help you develop of a comprehensive risk management plan to help minimize injuries and costly litigation.

Published in 2009:

Ground-breaking textbook designed specifically for health/fitness and exercise science professionals and students

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Chapters 5-11 each contain three major sections: (a) an explanation of the laws applicable to that topic, (b) a summary of important published standards of practice related to that topic, and (c) a list and description of risk management strategies that can be developed to help you adhere to laws and published standards of practice.

PART 3 - Final Risk Management Steps, Selected Topics, and Conclusion

- Chapter 12 - Implementation and Evaluation of the Risk Management Plan
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